



# NURSERY NEWS

## ★ IMPORTANT MESSAGE FROM THE BOARD OF DIRECTORS

We would like to thank everyone who took the time to attend our AGM. This meeting is an important event to ensure that all of our families are kept up to date about education practices within RESNS, and community projects we are participating in, as well as topics regarding RESNS governance and our financial position. Your participation in this meeting and in the volunteer opportunities that RESNS offers help to ensure that our programming continues to meet the needs of all of our students and families.

At this time, I would like to appeal to our families to consider volunteering for the RESNS Board of Directors, if not this year, then please consider volunteering in this capacity for the upcoming school year. While it may seem like a large commitment, the continued and successful operation of RESNS needs volunteers to fill our Board. We have been fortunate that some of our Board Members continue to volunteer after their children have moved into Kindergarten, Grade 1, and beyond. However, continuing to expect this service to their community in the future is not realistic.

Following the AGM, we held our October Board Meeting. In our discussions, it was determined that there are responsibilities that cannot be redistributed and shouldered among the existing Board Members. Therefore, we are continuing to seek volunteers to fill open positions. It is our desire that our Board of Directors continue to be family and/or community based, with volunteers who have a connection to our school, and a known interest in the success of our students and our program. If we are unable to find volunteers, we may be in the position where we either have to look outside our community to fill vacancies, or make large changes to the programming that RESNS currently offers our students.

If you would like to ensure the continued success of our programming by joining our Board of Directors, please reach out to Cindy Frazer, Board Chairperson ([board@resns.org](mailto:board@resns.org)), or Darcy Davies, Director of RESNS.

# NURSERY NEWS

## ★ WHAT'S UP AT NURSERY SCHOOL...

It was a busy month at school! We celebrated thanksgiving by discussing what we are all thankful for. We were also very excited to start celebrating Halloween with a lot of spooky games, stories and crafts along with a magic potion kitchen area to really get in the spirit!

We had a super fun Halloween party that included some fun activity stations and an obstacle course. We were all very excited for Halloween and had the opportunity to express our excitement through art, play and activities such as our potion kitchen, our spider web sensory bin and making finger-paint monsters among many other fun Halloween activities!

We will be having a pajama day on November 1st and 2nd. Wear your coziest pajamas and feel free to bring a stuffy to class.

### ★ **Winter is coming... Brrrr...**

The weather is beginning to get colder so please make sure that your child is dressed appropriately for outdoor play. We will try to keep having outdoor time as long as the weather permits! As it gets even colder and ski pants are needed we will start to transition to indoor gym time.

Please make sure to pack your child extra clothing!



★ **If You Are Able... Please Label!**

We ask that you please have everything your child brings to school (shoes, boots, bags, mitts, etc.) visibly labelled. We thank you kindly for your cooperation.

If you are needing labels for your child's winter clothing, extra clothes, lunch kit, etc. Check out Mabel's Labels by visiting their website and please choose *River East Scholars Nursery (Winnipeg)* to support our program. Mabel's Labels is a Year Round Fundraiser.

★ **Going to Kindergarten? Check out Kindercare!**

Kindergarten may be close, or seem still quite far away. Either way, this may be a good time to get your child on the Kindercare waitlist.

For anyone who doesn't know, Kindercare is a program we at RESNS offer for Kindergarten kids, that runs the alternate days from Kindergarten. It's never too early to get your child onto the list. If you're interested, please go to our website and add your child's name, date of birth, your mailing address and phone number to our waitlist. If you have any questions, feel free to email the kinder care teachers Miss Monica at [Monica@resns.fastoche.ca](mailto:Monica@resns.fastoche.ca) or Miss Mary at [Mary@resns.fastoche.ca](mailto:Mary@resns.fastoche.ca) and they will be happy to answer any questions you may have!



# NURSERY NEWS CONTINUED

## ★ **Fastoche Photo Journals**

While we try our best to take photos and update often on the Fastoche class photo journals, class can get busy and we do not get the opportunity to take photos all the time. Please be patient with us. We will be sure to post any and all photos when we can. Thank you!

## ★ **Video Winter Concert**

Once again we will be making a Winter Concert video as a keepsake for our families. We will have concert dates available for you in time for the December newsletter so that you can dress your child however you see fit for the taping of the concert.

We have enlisted some volunteers to do some tech work so that we can offer you a keepsake video of the concert.

## ★ **Playground Swings**

Emerson Elementary School, together with River East Scholar's Nursery School and Little Learners Inc. have purchased swings for the Emerson Elementary School playground. The swings are expected to be erected and ready to use by the beginning of November.

# SPECIAL EVENTS

## FUNDRAISING

### ★ SPECIAL EVENTS

The snow is on the ground, but we are all going to The Beach! Classes on November 23rd and November 24th will be heading to The Beach Volleyball Centre.

Check your folders shortly for more information and the required waiver form.

### ★ FUNDRAISING

We are pleased to announce that our Peak of the Market Fundraiser raised a total of \$890 for our classrooms. Keep your eyes peeled for details on our next fundraising event!

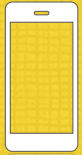
# NOVEMBER CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			 Pajama Day	 Pajama Day		
5	6	7	8	9	10	11
		Picture Order Deadline	 Cleaning Night @ 6:30 pm			
12	13	14	15	16	17	18
Closed for Remembrance Day						
19	20	21	22	23	24	25
		 Music with Miss Sonja		 Field Trip to the Beach	 Field Trip to the Beach	
26	27	28	29	30		

## LOOKING AHEAD

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# HOW TO CONTACT US



## **Text 204-690-0899**

•If you need to send us a message in regards to your child.



## **Email**

- Miss Darcy at [Darcy@resns.fastoche.ca](mailto:Darcy@resns.fastoche.ca)
- Miss Renee at [Renee@resns.fastoche.ca](mailto:Renee@resns.fastoche.ca)
- Miss Mary at [Mary@resns.fastoche.ca](mailto:Mary@resns.fastoche.ca)
- Board Chair at [Board@resns.org](mailto:Board@resns.org)



## **Attendance**

•Please text 204-690-0899 or email us if your child will be absent. Please include the word "absent" in your message and your child will automatically marked absent by the system and we will be alerted. This service is available 24/7.



## **Children's Information**

•Please contact Miss Darcy for a code to update your child's information on Fastoche. (Codes for Fastoche will expire after 2 weeks.)



# ARE YOU A MOM EXPERIENCING SYMPTOMS OF DEPRESSION?

## THE BRIDGE PROJECT

BUILDING REGULATION IN  
DUAL GENERATIONS

This research has been approved by the Research Ethics Board at the University of Manitoba, Fort Garry campus.



Help us understand how online group therapy can support mental health for **mothers of 3-5 year olds**

- Two-thirds of mothers will be randomized to therapy, one third will be randomized to services as usual
- Online content available on smart phone, tablet, or computers
- Next planned cohort start date: November 2023
- Participants can receive up to \$200

FOR MORE INFORMATION

Email: [bridge.research@umanitoba.ca](mailto:bridge.research@umanitoba.ca)

Visit: <http://fullheartprograms.com/>

Take the eligibility survey:  
[tiny.one/bridge-eligibility\\_](https://tiny.one/bridge-eligibility_)

