



KINDER CARE NEWS

★ IMPORTANT MESSAGE FROM THE BOARD OF DIRECTORS

We would like to thank everyone who took the time to attend our AGM. This meeting is an important event to ensure that all of our families are kept up to date about education practices within RESNS, and community projects we are participating in, as well as topics regarding RESNS governance and our financial position. Your participation in this meeting and in the volunteer opportunities that RESNS offers help to ensure that our programming continues to meet the needs of all of our students and families.

At this time, I would like to appeal to our families to consider volunteering for the RESNS Board of Directors, if not this year, then please consider volunteering in this capacity for the upcoming school year. While it may seem like a large commitment, the continued and successful operation of RESNS needs volunteers to fill our Board. We have been fortunate that some of our Board Members continue to volunteer after their children have moved into Kindergarten, Grade 1, and beyond. However, continuing to expect this service to their community in the future is not realistic.

Following the AGM, we held our October Board Meeting. In our discussions, it was determined that there are responsibilities that cannot be redistributed and shouldered among the existing Board Members. Therefore, we are continuing to seek volunteers to fill open positions. It is our desire that our Board of Directors continue to be family and/or community based, with volunteers who have a connection to our school, and a known interest in the success of our students and our program. If we are unable to find volunteers, we may be in the position where we either have to look outside our community to fill vacancies, or make large changes to the programming that RESNS currently offers our students.

If you would like to ensure the continued success of our programming by joining our Board of Directors, please reach out to Cindy Frazer, Board Chairperson (board@resns.org), or Darcy Davies, Director of RESNS.

KINDERCARE NEWS

★ GREETINGS FROM KINDERCARE!

Hard to believe we've already finished two months of school! Both classes have settled in and we're getting to see all their awesome personalities! We have spent the last month doing fall, thanksgiving, and Halloween crafts and activities; including a fall scavenger hunt, many turkey crafts, even turning our house area into a witches house complete with fake skeletons, bugs, and some make-your-own witches brew!

An important reminder, Kindercare is closed on Monday, November 13th, in lieu of Remembrance Day. Emerson School is still open this day for Kindergarten, however Kindercare will be closed for the entire day.

★ **Fun Days**

We have some fun days coming up in November, including pyjama day, show and tell, and a field trip. For pyjama day, kids are welcome to wear their pyjamas, as well as bring a blanket and/or stuffed animal. For show and tell, all kids are invited to bring one thing from home to show their friends, this could be a toy, a picture, a book, etc. Please make sure whatever they bring has their name on it, and is appropriate to bring to school (please only one item per child so we have adequate time for each child to share). It will stay in their backpack until show and tell time, and will be put back into their bag afterwards. We will also be going on our first field trip of the school year! We will be heading to The Beach Volleyball Centre on Friday, November 24th.

★ **Outdoor Play**

Winter is definitely on the way! If you have yet to do so, it is time to start sending hats, mitts, boots, a neckwarmer and skipants! We go outside for a considerable amount of time in the morning and again in the afternoon. It's a lot more fun if the kids are comfortable and not cold! Please help us all by labeling anything that comes to school! Anything labeled has a greater chance it will actually get brought home!! It is also helpful to have a second pair of mitts in case the pair they wear in the morning get too wet, they can have a dry pair for the afternoon.

★ **Playground Swings**

Emerson Elementary School, together with River East Scholar's Nursery School and Little Learners Inc. have purchased swings for the Emerson Elementary School playground. The swings are expected to be erected and ready to use by the beginning of November.

★ **Kindercare Waitlist**

Looking ahead, if you have any younger children, now is a good time to put them on the list for Kindercare, if you have yet to do so. If you would like to add them, simply go to <http://resns.childcare.link> to add them onto the waitlist for their kindergarten year.

Can't wait for November and the fun we will have!

- Miss Monica and Miss Mary

SPECIAL EVENTS

FUNDRAISING

★ SPECIAL EVENTS

The snow is on the ground, but we are all going to The Beach! Kindercare will be heading to The Beach Volleyball Centre on Friday, November 24th.

Check your folders shortly for more information and the required waiver form.

★ FUNDRAISING

We are pleased to announce that our Peak of the Market Fundraiser raised a total of \$890 for our classrooms. Keep your eyes peeled for details on our next fundraising event!

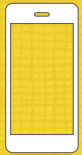
NOVEMBER CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			Pajama Day	Pajama Day		
5	6	7	8	9	10	11
			 Cleaning Night @ 6:30 pm			
12	13	14	15	16	17	18
	Closed for Remembrance Day		 Show & Tell	 Show & Tell		
19	20	21	22	23	24	25
	 Music with Miss Sonja			 The Beach Field Trip		
26	27	28	29	30		

LOOKING AHEAD

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HOW TO CONTACT US



Text 204-690-0899

▸ If you need to send us a message in regards to your child.

Email

▸ Miss Monica at Monica@resns.fastoche.ca

▸ Miss Mary at Mary@resns.fastoche.ca

▸ Miss Darcy at Darcy@resns.fastoche.ca

▸ Miss Renee at Renee@resns.fastoche.ca

▸ Board Chair at Board@resns.org

Attendance

▸ Please text 204-690-0899 or email us if your child will be absent. Please include the word "absent" in your message and your child will automatically marked absent by the system and we will be alerted. This service is available 24/7.

Children's Information

▸ Please contact Miss Mary for a code to update your child's information on Fastoche. (Codes for Fastoche will expire after 2 weeks.)



River East Scholars Nursery School

323 Emerson Avenue

Winnipeg, MB R2G 1G3

204-663-6365

ARE YOU A MOM EXPERIENCING SYMPTOMS OF DEPRESSION?

THE BRIDGE PROJECT

BUILDING REGULATION IN
DUAL GENERATIONS

This research has been approved by the Research Ethics Board at the University of Manitoba, Fort Garry campus.



Help us understand how online group therapy can support mental health for **mothers of 3-5 year olds**

- Two-thirds of mothers will be randomized to therapy, one third will be randomized to services as usual
- Online content available on smart phone, tablet, or computers
- Next planned cohort start date: November 2023
- Participants can receive up to \$200

FOR MORE INFORMATION

Email: bridge.research@umanitoba.ca

Visit: <http://fullheartprograms.com/>

Take the eligibility survey:
tiny.one/bridge-eligibility_

